

## **ACTION PHOTOS**

### **Primary Health Care Training for Barangay Health Workers Municipalities of Tabango & San Isidro, Leyte**



The participants of the PHC Training for BHWs from the Municipalities of Tabango (Left) and San Isidro (Right) Leyte. With them are the DMSF BOT & Executive Director of Brokenshiere Integrated Health Ministries Inc., Rev. Ruben dela Cruz, Chief Operations Officer, Dr. Oliver Victoriano, Director of External Affairs, Ms Mariper Mercader. The training was conducted on May 27-28 & 29-30, 2014.



The participants (Barangay Health Workers) attentively listening the inputs on Primary Health Care from the Resource Speakers of DMSF-IPHC



Rev. Ruben del Cruz (standing in front) giving an inspirational message to the participants in San Isidro, Leyte



The training team demonstrating "Lemon Foot Bath" and "Fever Boots " as the home remedies for difficulty of sleeping, and relief of body pains and fever



(Left) Demonstration on the preparation of Turmeric Powder as an anti-oxidant and strengthen immune system to fight against disease, infection and inflammation. It also stimulates gallbladder, aiding in easing indigestion & heartburn.

**Return-Demonstration on Nursing Home Remedies & Herbal Medicine Preparation**



**Lemon Foot Bath**



**Fever Boots**



**Ear Compress** (for ear infection)



**Preparation of Oral Rehydration Solution (ORS)**



**Preparation of lagundi leaves for decoction process which will be used for the relief of fever, cough & colds**



**Turmeric Powder Making**



**(Above) Akapulko Ointment prepared by the participants during the return demonstration. This will be used for the treatment of skin diseases**

**(Left) Lagundi Powder in the frying pan made by participants for the treatment of cough and colds**